



Tumbleweed
Lasting Change for Vulnerable Youth

The latest news and updates- Holiday Edition



YOUTH HOMELESS DEMONSTRATION PROJECT GRANT

In August 2019, the U.S. Department of Housing and Urban Development (HUD) awarded \$75 million to end youth homelessness in 23 local communities across the country. Montana was awarded \$3.43 million to plan and implement a youth homeless system in Montana, called the Youth Homeless Demonstration Project (YHDP).

The goal of the YHDP is to support communities in the development and implementation of a coordinated community approach to preventing and ending youth homelessness. Tumbleweed shares the same vision, to end youth homelessness in our community, and we submitted a proposal to secure funding for a Housing Systems Navigator, Outreach and Case Management services; which we were thrilled to announce that was fully funded for 2 years at \$209,000.00.

To end youth homelessness, youth and young adults must have access to safe and affordable housing and be provided with wrap around support services to help them learn how to live independently. Providing access to a Systems Navigator allows for a consistent and reliable person to help youth and young adults navigate their way through complex systems during their entire journey; which can be from crisis response to permanent housing, including accessing assistance programs by addressing “red tape” challenges such as acquiring needed documentation.

The opportunities that come with this new funding have us excited at Tumbleweed! We are working urgently to house youth and young adults, however, the challenge is that there are limited vacant apartments in our community. If you are a property owner or manager and are interested in joining the movement to end youth homelessness, please let us know.

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Tumbleweed has launched the 505 Club!

Become a member by sponsoring a youth, starting at \$25 per month for a year.

Your monthly donation provides an opportunity for our youth and young adults to receive basic necessities that help them reach long-term success, including:

- *Governmental Documentation*
- *Case Management*
- *Mental Health Support*
- *Housing Assessment*
- *Meals & Food Boxes*
- *Clothes*

Our goal is to have 100 members of the 505 Club by the end of January!

As part of your membership, you will receive:

- *Youth Stories throughout the year*
- *Tumbleweed's Newsletter*
- *Quarterly invitation for breakfast with Tumbleweed's Executive Director*
- *505 Club member window sticker*

**EVERY YOUTH COUNTS. EVERY GIFT COUNTS.
YOU CAN MAKE A DIFFERENCE IN A YOUTH'S LIFE!**

Sign up at www.tumbleweedprogram.org/donate/505-club/

MENTAL HEALTH TIPS

Did you know? 1 in 5 people struggle with their Mental Health.

Mental Health is just as important as physical health, especially during times when a global pandemic is changing life as we know it. Here are a few and easy mental health tips to best manage our stress in a healthy way.

DO ACTIVITIES THAT MAKE YOU HAPPY & FIND JOY IN EVERYTHING!

SAY SOMETHING POSITIVE TO YOURSELF AND SOMEONE ELSE, EVERY DAY!

DO A RANDOM ACT OF KINDNESS FOR OTHERS EACH DAY!



Tumbleweed wishes you warmth, well-being, and positive memories this holiday season and throughout 2021!



Tumbleweed
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